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Down East

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The Magazine of Maine

BEST *of* MAINE



(...and did we
mention best
seafood?)

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FOOD + DRINK

Seafood Restaurant

Nearly naked fish. Just a little garlic, butter, and olive oil. A touch of seasoning. Seared, sautéed, or baked in a wood-fired oven. That's the best way to appreciate truly fresh seafood, which is a lesson Dana Street has taught Maine restaurant goers since he opened **Street & Company** in Portland in 1989. A clattering, crowded place with copper-topped tables, this Old Port fixture helped usher in Maine's current culinary Golden Age — another reason you need to schedule dinner. We like the grilled lobster served over linguini in a butter-garlic

sauce. The calamari is the best in Maine. 33 Wharf St., Portland. 207-775-0887.

Menu

What happened to "The Chicken That Didn't Make it Across the Road"? It ended up on the menu at the **Black Frog** restaurant in Greenville. Along with "Fungus" (sautéed mushrooms on a burger), "Looks like steak, Smells like steak, Must be steak" (rib eye, New York strip, or filet mignon), and a slew of other items that come together on what has to be the single most humorously worded menu in Maine. (The actual fare isn't bad, either.) But if you're thinking of ordering the "Skinny Dip" that got the Black Frog so

much media attention a few months back (a prime rib sandwich the menu claims you'll get gratis if you dare to leap into Moosehead Lake naked), think again, at least in winter. Nobody needs a free lunch *that* badly. Check out the menu at www.theblackfrog.com. 17 Pritham Ave., Greenville. 207-695-1100.

Euro Deli

Oh, for the days when **Morse's Sauerkraut** in Waldoboro was our own little secret! An excellent European-style deli and café on a back road in the middle of nowhere would seem an unlikely candidate for



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overexposure. But Morse's has gotten so popular — thanks a lot, *Boston Globe* — it can be hard to get in the door on weekends. Still, Morse's famed 'kraut, its ten-year-old cheddar, and its energetic and upbeat owners, David Swetnam and Jacquelyn Sawyer, make this a must-visit destination. Tip: Morse's is now serving breakfast. *Danke schön!* 3856 Washington Rd., Waldoboro. 207-832-5569. www.morsessauerkraut.com



Send us your personal "Best of Maine" list at DownEast.com



JEFFREY STEVENSEN

Cruising Grounds

For boaters, **Penobscot Bay** is our own little Aegean. The water might be a bit chillier — and the ouzo in shorter supply — but those brisk winds, sunlit waves, and hundreds of rocky islands truly make this a sailor's delight. Venture out of the port of Rockport Harbor (above) on a ketch or a schooner, breathe in the sea breeze, listen to the flapping of the mizzen, and you'll begin to understand how the Age of Sail invented the state of Maine as we know it. Saltwater runs in our veins.